



			Thursday1 07:30 - 08:30 Water Aerobics 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Body Conditioning 18:00 - 19:00 H I T	Friday2 Public Holiday CLOSED
Monday5 Public Holiday Open 08:00 - 17:00	Tuesday6 07:30 - 08:30 Water Aerobics 09:00 - 10:00 Water Therapy Eugenie Badenhorst Birthday 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Pilates 18:00 - 19:00 Water Aerobics	Wednesday7 07:30 - 08:30 Water Aerobics 07:30 - 08:30 Pilates 09:00 - 10:00 Water Therapy World Health Day 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Pilates 18:00 - 19:00 Spinning	Thursday8 07:30 - 08:30 Water Aerobics 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Body Conditioning 18:00 - 19:00 H I T	Friday9 07:30 - 08:30 Water Aerobics 07:30 - 08:30 Pilates 09:00 - 10:00 Water Therapy
Monday10 07:30 - 08:30 Water Aerobics 07:30 - 08:30 Pilates 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Body Conditioning	Tuesday11 07:30 - 08:30 Water Aerobics 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Pilates 18:00 - 19:00 Water Aerobics	Wednesday12 07:30 - 08:30 Water Aerobics 07:30 - 08:30 Pilates 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Pilates 18:00 - 19:00 Spinning	Thursday13 07:30 - 08:30 Water Aerobics 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Body Conditioning 18:00 - 19:00 H I T	Friday14 07:30 - 08:30 Water Aerobics 07:30 - 08:30 Pilates 09:00 - 10:00 Water Therapy
Monday19 07:30 - 08:30 Water Aerobics 07:30 - 08:30 Pilates 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Body Conditioning	Tuesday20 07:30 - 08:30 Water Aerobics 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Pilates 18:00 - 19: 00 Water Aerobics	Wednesday21 07:30 - 08:30 Water Aerobics 07:30 - 08:30 Pilates 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Pilates 18:00 - 19:00 Spinning	Thursday22 07:30 - 08:30 Water Aerobics 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Body Conditioning 18:00 - 19:00 H I T	Friday23 07:30 - 08:30 Water Aerobics 07:30 - 08:30 Pilates 09:00 - 10:00 Water Therapy
Monday26 07:30 - 08:30 Water Aerobics 07:30 - 08:30 Pilates 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Body Conditioning	Tuesday27 Public Holiday Open 08:00 - 17:00	Wednesday28 07:30 - 08:30 Water Aerobics 07:30 - 08:30 Pilates 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Pilates 18:00 - 19:00 Spinning	Thursday29 07:30 - 08:30 Water Aerobics 09:00 - 10:00 Water Therapy 17:00 - 18:00 Water Aerobics 17:00 - 18:00 Body Conditioning 18:00 - 19:00 H I T	Friday30 07:30 - 08:30 Water Aerobics 07:30 - 08:30 Pilates 09:00 - 10:00 Water Therapy